



Job Description

Health Programmes and B Team Coaching and Performance Assistant

The Role and its Responsibilities

In memory of Brentford FC's Technical Director Rob Rowan who passed away in November 2018, Brentford FC and Brentford FC Community Sports Trust have created a new role for an outstanding individual to gain experience in working across both organisations for a period of 12 months.

The post holder will work as part of the Brentford FC Community Sports Trust team to coordinate and deliver healthy lifestyles programmes for children and adults, and work as part of the Brentford FC elite team at the Jersey Road Training Ground to support First Team and B Team Coaching and Performance Departments.

Key Responsibilities

General

1. To organise the delivery of the Hounslow child weight management programme and to personally deliver some of the sessions.
2. To organise and deliver health and fitness sessions for adults.
3. To deliver sport and physical activity sessions in schools, as required.
4. To be responsible for the efficient capture, input, and management of participant information for all Trust healthy lifestyles programmes.
5. To support the Brentford FC B Team Coaching and Performance Departments.
6. To support Brentford FC B Team education and welfare department.

Reporting and administration

1. To actively follow and promote Brentford FC and Brentford FCCST policies, including Equal Opportunities and Race Equality Policies.
2. Maintain awareness and observation of fire and health and safety regulations.
3. To undertake any other duties commensurate with the grade and scope of the post.
4. To keep confidential any information gained regarding Brentford FC and its personnel.
5. To build and maintain good working relationships, both internally and externally, maintaining a professional image at all times.





Selection Criteria

Qualifications, skills, experience, and knowledge

1. An undergraduate degree in sports science or another sports-related subject.
2. A professional qualification in delivering fitness classes for adults and children.
3. Experience in delivering health and fitness classes to adults and children in a community environment.
4. Knowledge of participant data capture and management systems, including current data protection legislation.

Performance attributes

1. Ability to demonstrate effective organisational and project management skills in order to meet the short, medium and long term deadlines of multiple projects, whilst ensuring that work is delivered to a consistently high quality.
2. Ability to work as well as being part of a team. Make an active contribution to working flexibly with colleagues within and across teams.
3. Well-developed communication and interpersonal skills including a proven ability to establish effective working relationships with a range of managers and stakeholders.
4. Ability to proactively seek out best practices and new ideas to improve working practices, including information taken from external sources, to generate new ideas to achieve better results.

Contract details

This a full-time role (35 hours per week) offered for a fixed term of 12 months on an annual salary of £23,000. Planned start date is in August.

The employer will be Brentford FC Community Sports Trust and the post holder will report to the Head of Funding and Health Programmes.

For the portion of work with Brentford FC, the post holder will report to the B Technical Lead.

To apply, please send your CV and a covering letter, detailing your suitability for the role, to health@brentfordfcst.com